

# COME WALK WITH *me* breast cancer 5k

Thank you for interest in volunteering for Come Walk With Me. We are excited to have you! **Please note that all positions are on Friday, October 5<sup>th</sup> and Saturday, October 6<sup>th</sup>.** All volunteer positions will be at The Old Cannery, 13608 Valley Ave E., Sumner, WA 98390.

If you have any questions, please email our Event Coordinator at [events@multicare.org](mailto:events@multicare.org).

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**Friday Set Up:** Set up tents and hang Vendor Village signage. Assist in decorating downtown Sumner. *Requires standing and lifting.*

**Bedazzled Bra Contest Assistants:** This position is to assist in putting the booth together and helping with the voting process.

**Clothes Check:** Monitor the clothing check station, writing bib numbers on bags - bagging walkers belongings for safe-keeping during the event. Distributing items back to walkers when they return. *Requires some standing.*

**Course Marshal:** Keeping our walkers safe and directing neighbors to pass-through streets away from the 5k route. Cheering on our walkers. *Requires standing, and wearing safety gear.*

**Day of Registration:** Collecting registration forms/fees, in addition to distributing participant t-shirts, survivor swag, and ribbons. Assigning bib numbers, helping to set-up and break-down registration area. *Requires standing.*

**Day of Set Up:** Decorating the bridge with bras, balloons and signage. Hanging signage, assisting with vendor set-up, decorating stage. *Requires standing and lifting.*

**Fish Pond Assistants:** Offer the chance to catch and release a fish. Collect \$1 fee and hand out prizes to children. *Requires standing.*

**Kids Dash Assistants:** Direct the kids and their families to the Kids Dash start line (at the far end of the bridge). Hand out prizes to the first 100 dashers. Cheer on the KIDS! *Requires standing.*

**Route Cheer Stations:** Gather all your friends! A great volunteer opportunity to show your support of all our walkers and survivors. Super job for cheer, drill team and soccer clubs. When the last walker passes your station, you and your group may leave. Typically, before 11:00am. *Requires standing.*

**Sales (Silent Auction, Pink Store):** Walk throughout the event venue selling pink ribbon merchandise. Collect funds, make change. Promote making donations. *Requires standing.*

**Volunteer Area:** Assist in signing in all volunteers, direct them to their stations and provide instructions on their tasks (we will provide info sheets). Pass out volunteer shirts. *Requires some standing.*

**Where the Need is the Greatest:** We will station you at whichever job needs assistance at the time. Your job could range from anything on the volunteer job list.

**Silent Auction Monitor:** Set bid sheets and pens out with items. Monitor bidding and close out guarantee bids. Ensure silent action closes at designated time. Staff table with winning bidders pick-up merchandise. Collect payment. *Requires some standing.*

**Tear Down:** After event. Take down tables, assist in the tent take down, fold chairs and load on racks. All signage taken down, all materials packed-up. Pancake breakfast area dismantled. *Requires standing and lifting.*

**T-Shirt Distribution:** Standing job, someone to toss T-shirts to registration front line as sizes are called out. *Requires some lifting of boxes.*